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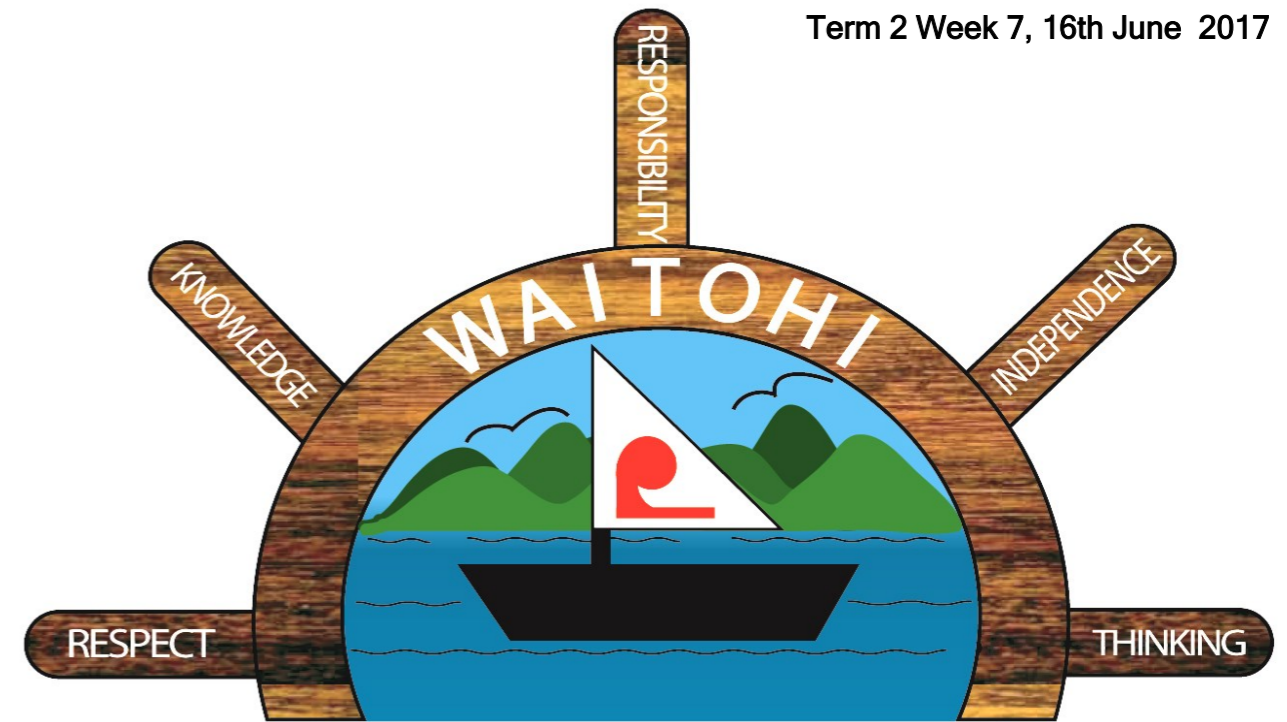


Lions Club Of Picton

Proud Sponsors of
Picton School Duffy Books in Homes



Term 2 Week 7, 16th June 2017



Picton School

NEWSLETTER

We show respect
for ourselves and others
and always do our personal best

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Name: Picton School Board of Trustees
Account : 03 1710 0019018 00
Please use surname as reference

5 Buller Street, Picton 7220
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www.picton.school.nz

Dear Parents and Caregivers

Praise is Fleeting, but Brickbats We Recall

Some researchers suggest that we have a negativity bias, a tendency to have greater sensitivity to negative than to positive events, and that negative events weigh close to three times more than positive ones.

Even if we have had many more pleasant experiences than bad ones, it is typical for us to zero in on the negative.

Negative emotions generally involve more thinking, and the information is processed more thoroughly than positive ones. We tend to think more about unpleasant events and use stronger words to describe them, than happy ones.

Losing money, being abandoned by friends and receiving criticism will have a greater impact than winning money, making friends or receiving praise.

This is probably even more typical for children who, when reflecting on their school day may only remember the one possible negative experience to the exclusion of the many positive events that day.

The trick is to make positive events stickier than negative ones. Here are four research-based techniques to do just that:

- Savour the good stuff.
- Express gratitude
- Tune out for a while.
- Make accurate judgements.

Alister McCosh
Principal

Winter Fire Safety

When using a gas heater:
Make sure the element is not broken or chipped and that the guard is in place.
Check that the hose is in good condition.
If the heater doesn't light straight away, turn it off and then try again to avoid letting the gas build up.

Rain Jackets

Remember, we have a large stock of Adidas rain jackets to lend out. Simply fill in a form from Miss Boudier and make use of these lightweight tops.



Dates for your diary

Friday 16th June	PSAS meeting 5.30 in hall
Friday 16th June	Lucky Book Club Order due
Friday 16th June	Hawaiian Junior Disco at Q.C.C
Friday 30th June	Matariki Wander
Friday 4th August	Quiz Night

PSAS

Our next meeting is tomorrow in the school hall at 5:30pm. On Sunday, it is the More FM Mid-Winter Swim-registrations start at 12 noon and the plunge is at 1:00pm. Come along and have some fun and enjoy a snack from the P.S.A.S. stall.

Then there will be a family, 'Matariki Wander' on Friday, June 30th starting at Shelley Beach at 5:30pm and walking to the Foreshore (weather permitting). Give a gold coin donation to receive a glow stick.

Next, will be an adults' Quiz Night on Friday August 4th. The quiz will be at the Endeavour Park Pavilion. Quality auction items and raffle prizes have already been sourced from our supportive community.

P.S.A.S. are helping fund the Dawn Chorus group's tracking tunnels and pest traps constructions which start this week, with Kaipupu Point and Kiwi Can working together, alongside Room One students.

Room 1 Assembly 11.00

Mistletoe Bay Special Offer for Families

The Mistletoe Bay Eco Village is offering a special weekend rate for July, August and September, for Marlborough families. \$250 total cost (normally \$380), for two nights stay, for six people. Call 573 4048 to book.

Would you like to know how to help your child with Reading?

If you would like to know more about this wonderful **READING TOGETHER** programme please contact either:

Alister McCosh,
or
Samantha Sutherland



 Congratulations to this week's Merit Mark Winner:
Lily'Ann Jones

PAPER FOR TREES

We have now filled 505 boxes.

40 hour Famine

Congratulations to: Ayla Madsen, Anita Birss, Rheana Roberts-Bull, Viola Minghetti, Sophie McDonald and Kyote Wratt who participated in World Vision's, 40 Hour Famine. They are now collecting their sponsorship money.

NETBALL.

This week, the Picton Supersonics play at 9:30am.

This week, the Picton Players play the Whitney Street Stars at 10:30am on Court 15.




Looking After Our Children

Caregivers and whanau, are invited to a talk on children's oral health and healthy eating habits. The talk is on tomorrow at the Picton Kindy at 1:00-2:30pm.

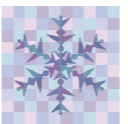
Hawaiian Junior Disco at Queen Charlotte College

On Friday, June 16th, there is a Hawaiian Fundraising Disco. It is for children up to and including Yr.8, and is at the Q.C.C. Hall. The disco, costs \$2 and runs from 5:30pm until 7:30pm. There will be competitions- 'Best Dressed Hawaiian' and 'Hula Hooping', fun games, awesome prizes with supper and sausage sizzle for sale. The money raised will go towards a college trip to Hawaii in October.



Road Sense

Weather can be unpredictable and turn quickly, making roads treacherous. Ice, snow, heavy rain and fog increase the risks on roads especially, at this time of year. Slow right down in bad weather and avoid driving at all if possible. Stopping distances can double in the wet and increase ten-fold in ice and snow.



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Tick one
Chicken Strips
Ham
Roast Beef
Turkey
Veggie Delite® (subtract 50¢)

Tick any
Cheese
Lettuce
Tomato
Cucumber
Carrot
Capsicum
Onion

Mayo BBQ

COMMENT: _____

TOTAL: \$ _____



NAME: _____

CLASSROOM: _____

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COMMENT: _____

TOTAL: \$ _____

